

TFN Impact Report

Name of your Organisation:	The Gifted Organisation Ltd
Name of the project TFN funded:	Butterfly
Date Funded by TFN:	8 June 2017
Were you able to undertake your project as planned?	Yes
Can you describe and/or demonstrate the specific impact that TFN funding has had against your initial objectives?	<p>The Gifted helps young people believe in themselves and enables them to make positive choices.</p> <p>The Butterfly Effect has been co-created by young women, including design, look and feel in response to a need to find new solutions to the issues and challenges that they face on a daily basis. Using feedback sessions, to mind map ideas and create a project to provide the most benefits for themselves and their peers.</p> <p>This year we have been able to work with 128 young women of these:</p> <ul style="list-style-type: none"> • 86% reported a strong sense of self esteem • 82% felt confident and excited about their futures • 78% felt confident about their bodies • 74% felt prepared to deal with the pressures of life • 72% felt comfortable asking for help when it is needed <p>We delivered the butterfly in a range of settings throughout Hertfordshire, including schools, colleges, pupil referral units, residential homes, youth centres and in youth offending services.</p>
What portion of the project did TFN fund?	12%
How many direct beneficiaries did the TFN funded project reach?	15
How many indirect beneficiaries did the TFN funded project reach?	30
Were you able to leverage further funding as a result of TFN support?	Yes
If yes, how much were you able to raise?	We secured 3 year funding from Children in Need of around £98k and around £28k from various trusts and foundations.
Did you receive any pro-bono support, volunteer offers or introductions as a result of the event?	Yes
If yes, please can you provide details of the support you received?	We received mentoring from a local business woman

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<p>How important was TFN funding in helping you achieve your objectives?</p>	<p>We would have found it difficult to achieve our objectives without TFN funding</p>
<p>Since presenting at TFN, has your organisation undergone any other significant changes?</p>	<p>We have received Major grant funding from Hertfordshire Community foundation which has enabled us to pay a part time development manager to explore alternative income streams and help with fundraising.</p> <p>We have also secured a grant from the Heritage Lottery Fund to run a project exploring the history of textiles in the UK with vulnerable young women.</p>
<p>Do you have any other comments or feedback on the experience of the TFN process?</p>	<p>It was a fantastic experience that gave us local visibility and enabled us to broaden our networks.</p>
<p>Can you tell us any personal stories to highlight the value of the project?</p>	<p>N lives at home with her mum and is currently at Hertford Regional College. In 2011 a child protection plan for neglect was deescalated in 2012 to a child in need plan.</p> <p><u>Why was participant referred to the Programme?</u></p> <p>N was referred to the butterfly programme because she had feelings of anxiety and depression. A couple months ago N reported that she had self-harming behaviours but no actual suicidal thoughts or Intent. It was stated that N feels she struggles with social situations and feels like she is doing something wrong and worried about if she can correct it. N was also given the VF code 11 which is have been referred by their school or another service as vulnerable.</p> <p><u>Conclusion:</u></p> <p>What are the overall differences/changes that you have seen/observed with the participant since the first session?</p> <p>In relation to the three outcomes, please record differences/changes of the participant:</p> <ul style="list-style-type: none"> - 1. Improved resilience, raising of self esteem and increased confidence - N displayed a increase in self-esteem confidence and resilience from the data we collected N feels she has a stronger sense of self esteem and feels better prepared to deal with the pressures of life I can also confirm this as in the sessions N body language changed she was smiling more often and felt confident enough to tell me her interests in Korean dramas which she thought people would think was weird. - At the end of the session N said thank you and said she feels so much better in talking to people and she feels better about herself and that her self-esteem is higher. <p>N significantly improved on the following: her sense of self-</p>

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	<p>esteem, feeling prepared to deal with pressures of life, respecting her body and taking better care of herself and feeling comfortable with asking for help when its needed.</p> <ul style="list-style-type: none"> - 2. Raised aspirations - N has made a big improvement in terms of feeling excited and confident about her future having a plan for the future and knowing how to achieve it. N mentioned to me that she doesn't go on holiday but she would like to travel N said she is planning I'm going to Tokyo next year and will be starting her photography portfolio. - There has been significant progress with the following: N is now able to identify risky situations and knows how to avoid them, feels more confident and excited about her future, has a specific plan for the future and knows how to achieve it and is not willing to do anything risky to impress her peers. - 3. Increased sense of community or increased sense of belonging - N has also made progress in feeling comfortable with her social situation and fitting in and feeling more of a sense of purpose in her community and group and feels like she is more aware of who to go to if she needs help or advice N mentioned to me that she feels more comfortable with talking to people, she doesn't feel awkward anymore and she feels happy that there are other people in the world who have the same interest to her. - N has made significant improvement in feeling more comfortable with her social situation and feels as if she fits in, feels more of a sense of purpose in her community/group and now feels she is more aware of who to go to if she needs help support or advice <p>Any other comments? N attended all 4 1:1 sessions and made progress in 11 out of 13 categories. Making the most progress in the following: N feels more comfortable with her social situation and feels as if she fits in, she feels excited and confident about her future, she has a plan for the future and knows how to achieve it and feels comfortable asking for help when its needed. Also her first score from the gifted star was 18 and her second score was 32, which is nearly double.</p>
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