



## TFN Impact Report

<b>Name of your Organisation:</b>	InCommon
<b>Name of the project TFN funded:</b>	InCommon
<b>Date Funded by TFN:</b>	29 June 2017
<b>Were you able to undertake your project as planned?</b>	Yes
<b>Can you describe and/or demonstrate the specific impact that TFN funding has had against your initial objectives?</b>	<p>Thanks to the funding from YFN, InCommon was able to work with two groups of isolated older people in Brighton and Stratford, supporting them to develop stronger communities within their sheltered housing schemes and improve their wellbeing.</p> <p>We ran 12 group sessions during our initial pilot period, and also conducted direct outreach to make contact with the most isolated residents door to door.</p> <p>In total we reached 85 older people, who were affected by various issues including dementia, isolation, physical health problems, mental health problems, hoarding and vulnerability. We were able to listen to what support these individuals wanted and co-design a series of sessions to deliver it, incorporating elements including intergenerational letter writing, designing futuristic older people's housing for 50 years time, and clinics on using smart phones and technology.</p> <p>Over 90% of those who gave us feedback felt that the sessions had a positive impact on them as an individual, while 100% felt that the sessions had a positive impact on the scheme as a whole, and wanted something similar to happen in the future.</p> <p>We saw an increase in attendance at scheme events during the project, and some residents who had lived near each other for years met for the first time. We worked closely with the housing association and local scheme coordinators to pass on learning from the project and feed into their understanding of how to develop strong, sustainable cultures in older people's communities. We were particularly pleased that our sessions in one scheme brought together groups who had historically been in conflict and helped to alleviate some of the tension that residents reported feeling.</p> <p>YFN's support from Crowdfunder last year enabled InCommon to cover essential start-up costs and gave us the boost we needed to get underway with our first project. Both co-founders now work full time for InCommon and we are excited to be developing a new project to improve the wellbeing of residents of sheltered housing, through creative, intergenerational programmes.</p>
<b>What portion of the project did TFN fund?</b>	60%



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<b>How many direct beneficiaries did the TFN funded project reach?</b>	85
<b>How many indirect beneficiaries did the TFN funded project reach?</b>	40
<b>Were you able to leverage further funding as a result of TFN support?</b>	Yes
<b>If yes, how much were you able to raise?</b>	£5000 from Southern Housing Group towards the pilot programme we ran with them September-December 2017.
<b>Did you receive any pro-bono support, volunteer offers or introductions as a result of the event?</b>	Yes
<b>If yes, please can you provide details of the support you received?</b>	Regular mentoring support from a Bain Consultant, an innovation lead at Nesta, and a pro-bono photography session, worth £200.
<b>How important was TFN funding in helping you achieve your objectives?</b>	We wouldn't have been able to achieve our objectives without YFN funding.
<b>Since presenting at TFN, has your organisation undergone any other significant changes?</b>	<p>In Spring 2018, InCommon launched a new programme running intergenerational programmes bringing younger and older people together through creative, educational programmes.</p> <p>Our programme improves the wellbeing and community spirit of sheltered housing schemes by engaging residents as volunteers to support children in their learning.</p> <p>This programme is built on insights gathered while running our initial work supported by YFN, so has only been possible because of the support we received a year ago.</p>
<b>Do you have any other comments or feedback on the experience of the TFN process?</b>	We thoroughly enjoyed Crowdfunder, thanks for your support.
<b>Can you tell us any personal stories to highlight the value of the project?</b>	<p>One of the residents has lived at her scheme in Brighton for over 15 years, and is now in her late 80s. In that time she has seen periods of strong community spirit, but currently feels isolated and lonely. She attended most of our sessions and got to know some new neighbours with similar interests. During sessions she took part in some art activities and discussion, which was something she did not have a chance to do often, and she clearly enjoyed the social contact.</p> <p>She told us: "It's nice having these events come up. It opens our eyes to coming together in our community. It helps us as a body to know</p>



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	more about how we could be helping our neighbours. We should be looking after the welfare of each person.”
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