

## TFN Impact Report

<b>Name of your Organisation:</b>	Forty Hall Community Vineyard (FHCV)
<b>Date of TFN event which you pitched at?</b>	08/03/18
<b>Name of the project TFN funded:</b>	FHCV Grapevine - reaching out to women
<b>Were you able to undertake your project as you outlined in the application?</b>	Yes
<b>Can you describe and/or demonstrate the specific impact that TFN funding has had against your initial objectives?</b>	<p>The aim of the project was to reach and engage more women with mental health support needs by working with referral agencies locally and by supporting women with our all-female team of Ecotherapists. Since March 2018 we have recruited 8 new female volunteers and we have trained 2 new female volunteers as Team Leaders/Mentors. 11 women achieved local recognition from LB Enfield for giving over 100 hours of volunteering to the project. Since March last year, FHCV has also delivered 7 volunteer training courses and provided 163 training places to volunteers, over 50% of whom were women.</p> <p>Over 60% of our volunteers are now women and our Board is over 50% female with all key officers (Chair, Treasurer, Secretary) being women. Our staff team is 90% female. Female volunteers now lead our Events Team (running FHCV wine stalls at events) and our Corporate Hosting Team (coordinating the volunteer hosts on the day, hosting the events and taking charge of the recording and monitoring of these events). Another volunteer, Karen (see stories section below) has taken charge of all volunteer social activities, has set up a WhatsApp group for volunteers and is arranging three off-site training and social visits to our wine maker and to other vineyards the summer. She has also just completed her Level 2 professional training at the Wine and Spirit Education Trust (WSET), an interest which was triggered by her involvement with FHCV. FHCV also won a special Women in Food Award (part of the Mayor of London's Urban Food Awards) for being a successful female led and female friendly organisation.</p>
<b>What portion of the project did TFN fund?</b>	20%
<b>How many direct beneficiaries did the TFN funded project reach?</b>	50 beneficiaries a week
<b>How many indirect beneficiaries did the TFN funded project reach?</b>	200
<b>Were you able to leverage further funding as a result of TFN support?</b>	Yes

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<p><b>If yes, how much were you able to raise and from whom?</b></p>	<p>As a direct result of the TFN funding and our evidenced commitment to widening our impact and targeting under-represented groups, we successfully secured three years' funding (total value £126,143) from the Lottery's Reaching Communities programme for our new Flourish Project. This project will further develop our outreach programme and we are already in touch with a number of potential new delivery partners including women's organisations, carers and refugee and migrant organisations. We are also planning to work directly with GP practices locally. Work with these new groups will start in a few weeks. We hope to secure long term, sustainable funding for our ecotherapy work with local Clinical Commissioning Groups.</p>
<p><b>Did you receive any pro-bono support, volunteer offers or introductions as a result of the event?</b></p>	<p>Yes</p>
<p><b>If yes, can you provide details on the support you received.</b></p>	<p>We forged new links with PwC and ran a stalls at their two Purchase with a Purpose showcase events in October; PwC also bought wine from FHCV for their Christmas events as part of their CSR support of our project and have booked 2 staff team volunteering days with us in May.</p>
<p><b>How important was TFN funding in helping you achieve your objectives?</b></p>	<p>We would have found it difficult to achieve our objectives without TFN funding</p>
<p><b>Since presenting at TFN, has your organisation undergone any other significant changes?</b></p>	<p>The organisation is building its core capacity and has just appointed a new Operations Manager. We are currently seeking funding to employ a Finance Manager and a Development Manager. As well as securing the Lottery funding, our trading activities have also grown and we are looking forward to a substantial scaling of our commercial activities in 2019 and beyond as a result of having more wine to sell. We had an outstanding harvest in 2018, quadrupling our grape yield. We look forward to a more secure financial future now that our vines are matured and our average grape yields have increased. We are planning some new initiatives including a Peer Skills Exchange, the construction of a straw bale classroom for group wellbeing activities and training (eg mindfulness, yoga, music, art, etc), improvements to our volunteer room and kitchen to facilitate more social activities, and additional volunteer training.</p>
<p><b>Do you have any other comments or feedback on the experience of the TFN process?</b></p>	<p>We first made contact with TFN in 2015 when we were looking for funding to deliver a new ecotherapy support service at all our volunteering sessions. Following fantastic support from TFN members in 2015, we then applied for additional funding in 2016 to extend this very successful project. Most recently we applied for this grant in 2018 to enable us to target services at women with mild to moderate mental health support needs. The 2015 TFN funding was critical for us to launch our ecotherapy service and to employ a qualified horticultural therapist and two locum support workers (both former</p>

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	<p>volunteers). This service would simply not exist without TFN. We are now able to ensure that ecotherapy support is offered at every volunteering session throughout the year. The 2016 TFN funding enabled us to keep the ecotherapy service running whilst we raised additional funding from LB Enfield and London Catalyst to further develop the programme. The 2018 TFN funding has enabled us to continue to expand the program and to target our services at women. It also helped us make the case for our successful bid to the Lottery's Reaching Communities programme for funding to secure and develop the ecotherapy service over the next three years. We have always received fantastic support, training and encouragement from the TFN team and wonderful backing from TFN members. TFN support has been the critical catalyst for the development of our ecotherapy work over the last four years. Thank you TFN and TFN supporters!</p>
<p><b>Can you tell us any personal stories to highlight the value of the project?</b></p>	<p>Karen, mum and FHV volunteer for two years: “ I had always wanted to spend a year on a vineyard – and then I found Forty Hall Vineyard on my doorstep. I wanted to learn new skills and how to look after vines. I also wanted to meet new people, be outdoors and be part of a team. Being at the vineyard is “me” time: time for me to do something I enjoy and get away from everyday routines and stress. There have been times when I've arrived at the vineyard having had a bad morning, times when I've been worried or upset about things and its been a help and a comfort to know there will be someone to talk to and that I will leave feeling better.”</p> <p>Volunteer who has been with FHV for two years who prefers to remain anonymous: “When I first arrived, having been referred by my CPN (Community Psychiatric Nurse), I was in a poor fame of mind with no hope of a future, but after spending time here, I have gained happiness and my health has greatly improved. I feel that I can now deal with new situations better. I’ve gained lots from the support and encouragement from everyone at Forty Hall Vineyard. I’ve had the chance to follow my hobby and interest in growing, picking up knowledge and gaining practical experience being involved in the project. Above all, I’ve found it to be the most effective form of therapy. It has allowed me to participate in a meaningful activity with other people, gain friendships whilst there and I always leave in a good frame of mind”</p> <p>Holly and Greg: Holly, 19, is the youngest volunteer at the Vineyard. She started at the Vineyard with her grandfather, Greg, during her school. Last year she received an Award from Enfield Council recognising her 100 hours of voluntary service. Holly can find social situations and communication difficult. She can feel different and excluded and she cannot always explain what the problem is. Since volunteering at the vineyard, Holly has grown in confidence and is now happy to attend on her own, without Greg. She contributes to group discussions, makes cakes for her fellow volunteers and takes</p>

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	<p>full responsibility for the tasks she is given. She was recently interviewed about her experience at the vineyard for London BBC news and has recently started part-time work as a peer mentor. Holly benefits from the interaction and support she receives from her fellow volunteers and from staff. Grandfather Greg is very proud of the progress Holly has made.</p>
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