

# Project Feedback



## 2012 PROJECTS



**Changing Tunes** A £4,406 grant enabled work with prisoners at HMP Bristol, Leyhill and Eastwood Park through music sessions that teach music and instil a feeling of self-worth and confidence. Steve shared his story with us back in September, one of more than 50 prisoners who have improved their lives through the work of Changing Tunes both within the prison environment and post-release. "I've gained so much from meeting you all and learning some pretty good stuff; patience, tolerance and self-worth being three of the best." –Trevor

**Deki** With the £3,775 donated on the night this organisation has now researched and developed a training programme which can now be used to train their partners in Malawi. Better business and financial literacy training for local entrepreneurs will help them make a success of their business, making them more sustainable. For every person who receives a loan and business training 5 others are positively impacted so over the next 5 years this grant will help Deki help 37,500 people living in poverty.



**FoodCycle Bristol** Food poverty is a huge issue in our local communities and this organisation has continued to provide weekly meals from their extended dining room at Easton Community Centre. The grant of £4,616 has not only paid their ongoing rental costs but it has also enabled them to improve their transport, meaning that more surplus food can be collected and turned into nutritious food. The Bristol Hub Leaders have completed some training so more volunteers can be recruited, adding to the sustainability of this much needed resource. This small amount of money has achieved so much - serving over 522 meals, using 1,200kg of surplus food and engaging 480 volunteer hours.

**Life Cycle** Paul shared his story of being a 'Two's Company' back rider after his sight had degenerated and he was unable to ride solo. He and his daughter are just two of the visually impaired people who benefit from the project and the grant of £3,705 will enable 25 supported tandem rides to take place this year, 3 taster days can now be run and 50 volunteers, including 20 new, will take part in the project, learning new skills and integrating with visually impaired members. "I thought that the front riders were lovely people, very caring, supportive and enthusiastic. I found out so much from speaking to other back rider about other activities I could get involved in. I found the entire weekend an uplifting, positive experience - I'm so glad I got involved." - Steve.



**Room 13 Hareclive** The grant of £4,021 has enabled the studio to increase its days from 3 to 4 for the entire school year allowing 1350 visits by Hareclive children. This has created the time for children to draw, paint, work on the computer, sculpt, take photos and research which in turn has directly helped to develop the children's confidence, self esteem, creative & independent thinking, sense of responsibility & enterprise as well as their team & work skills. The Management Committee who we met have held meetings, ordered materials, run the shop, signed cheques, banked money and contributed to meetings and ideas to develop the work of Room 13 externally - who could forget them?!WWW

